

GENERAL ENERGY REVITALIZING FLOW / SPLEEN FLOW STROM ZUR ALLGEMEINEN BELEBUNG DER ENERGIE / MILZ CIRCUIT DE REVITALISATION GÉNÉRALE DE L'ÉNERGIE / RATE

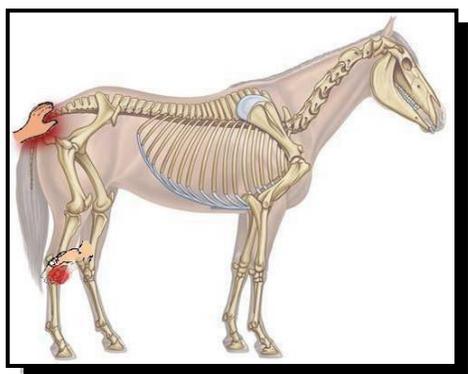
Corresponds to Self-Help Book 1, Project III, p. 39/42

What a fabulous flow! It is a total body regenerator and sends energy to all organs. My motto is "When in Doubt, Do This!" I give myself this flow nearly everyday. I have never seen a BE-ing who has not benefited by receiving it. It reconnects us to our spiritual source, so it is very useful for animals and people who have suffered abuse of any kind. It lessens the attitude of worry and literally allows an animal to feel more "comfortable in his skin".

This flow will require that you work on both sides of the animal. If two people are working on a horse, then it is possible to simply stay on one side, across from each other. Remember to start with the Initial Centering 13/10 sequence. You never want to start a session with an animal's hind legs. I try to keep my hands on the animal as I move from the first sequence into the anchor step (first step) of this flow, allowing my hands to gently slide along the fur, hair or feathers. It allows the animal to understand where your hands are and helps him to understand your intention to share.

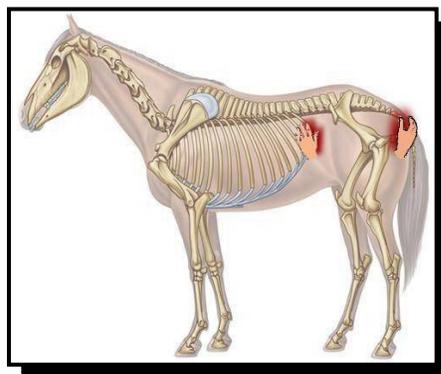
AIDS	HAMONISIERT	HARMONISE
Helps All Immune Issues total body energizer; rejuvenator; energy to all organs; white & red blood cells; skin surface; allergic conditions; builds immune system; spleen	hilft allen Themen des Immunsystems Energetisierer des ganzen Körpers; Verjünger; Energie an alle Organe; weiße und rote Blutkörperchen; Hautoberfläche; allergische Zustände; baut das Immunsystem auf; Milz	aide tout thème du système immunitaire énergétise le corps entier; rajeunit; énergie pour tous les organes; globules blancs et rouges; peau superficielle; conditions allergiques; construit le système immunitaire; rate

Step 1



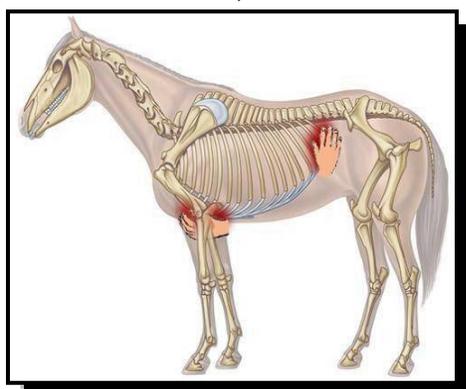
☺ right #5 (inner leg) L☺ center #25 (coccyx)

Step 2



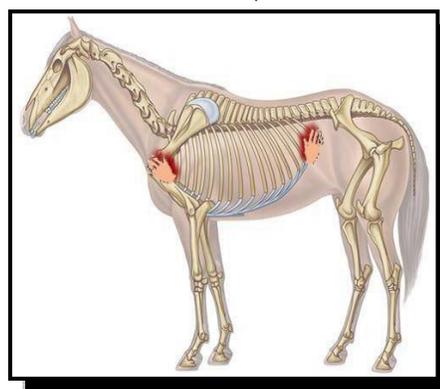
L☺ left #14 R☺ center #25 (coccyx)

Step 3



☺ right #13 R☺ left #14

Step 4



L☺ left #22 R☺ left #14