

Jin Shin Jyutsu®

2-Day Animal Companion Self-Help Class

Cave City, KY
October 1-2, 2022
Saturday-Sunday
with **Kelly Mount**

Jin Shin Jyutsu Physio-Philosophy

is an art rooted in ancient principles for harmonizing the life energy in the body. Through its sequences of gentle touch on specific areas, called Safety Energy Locks, it can help to balance body, mind, and spirit.

The Teacher

Kelly has been a Jin Shin Jyutsu practitioner since 2007, a JSJ Instructor for JSJ Inc., and a certified JSJ Animal practitioner. In 2020 she became endorsed as a faculty member by Adele Leas to teach Jin Shin Jyutsu For Your Animal Companions. Her love of animals began at an early age when her grandmother and aunt Linda started Kelly riding horses as a young child. While growing up, she began showing horses in 4H, county fairs, and became a lifelong equestrienne and World Champion showing American Saddlebred horses. Since 1997, Kelly and her husband, David own Mount Saddlebreds, where they breed, raise, and show American Saddlebred horses.

Kelly is a licensed massage therapist and is certified in Biodynamic Cranial Touch. In addition, she has studied the Masterson Method with Jim Masterson and has been a member of the International Association of Animal Massage & Bodywork (IAAMB). She teaches JSJ Self Help classes to the community, including a global online study group and a weekly class called Breathe & Receive for Gilda's Club. Kelly has shared the art of JSJ through public speaking engagements. Sharing the Cosmic Artless Art of Jin Shin Jyutsu with ALL creatures is her life's passion. Kelly Mount lives in the Louisville Metro area with her family, and has lived in Kentucky her entire life.



Kelly Mount

This Class is designed to introduce Jin Shin Jyutsu, giving the knowledge to use this gentle Art of harmonizing on our beloved horses.

In this class we will learn:

- JSJ Self Help
- Overview of Adele's Book
- The Initial Centering
- The Safety Energy Locks on the Horse
- The 3 General Daily Sequences: Spleen, Stomach & Bladder (On ourselves and on horses)



Jin Shin Jyutsu®

2-Day Animal Companion Self-Help Class

Registration Form

*Cave City, KY, October 1-2, 2022, Saturday-Sunday
with Kelly Mount*



Jin Shin Jyutsu® for Your Animal Companion

Name:

Address:

Email:

Phone:

Organizer

Susan Kaempfer
2241 State Street #175
New Albany, IN 47150

(502) 905-3640

JSJALIVENOW@gmail.com

Adele Leas's website:

JSJForYourAnimal.com

JSJ website:

JSJinc.net

JSJ faculty website:

jinshinjyutsu.com

Other Links

Official JSJ YouTube H2E:

[JSJ YouTube official](#)

Embody Your Light Podcast on Kelly:

[Podcast](#)

Faculty Interview with Adele Leas:

[Interview](#)

Tuition and Payment

Tuition is \$300, payable by the beginning of class. Please make a check to **Kelly Mount** and mail with registration form to the organizer. Online payment by Venmo goes to @SuzanneKelly-McElroy-Mount or by PayPal to skellymac@me.com. A registration form should be sent to the organizer for any online payment.

The Textbook and Chart

The textbook, *JSJ for Your Animal Companion*, and the small laminated canine/equine chart are required. Both are available before class at jsjforyouranimal.com/store/.

At Class

We will have Self Help Class daily at [First Light's Run Farm](#). Dress to be around animals. There will be daily hands-on with the horses.

Class Sign In opens at 8:30am Saturday. Class hours 9 to 5 all days

Class Location

[First Light's Run Farm](#)

47 Dripping Springs Rd
Glasgow, KY. 42141

Hotel

[Baymont Inn by Wyndham-Cave City](#)

799 Mammoth Cave Street
Cave City KY 42127

270-775-4560, "JSJ Horse" room block held to Sept. 15

Single bed room \$50 + tax
Double bed room \$ 55 + tax,
2 adults max